

# SERVANT LEADERSHIP:

SERVING GOD'S  
DREAM FOR A  
TRANSFORMED WORLD

**WINTER/SPRING 2009 OFFERINGS**

*"The gifts of life are given by a generous God.  
It's a wonder, it's a miracle, it's an embarrassment, it's irrational  
but God's abundance transcends the market economy."  
-Walter Brueggeman*



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The  
Servant  
Leadership  
School  
OF GREENSBORO

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*An ecumenical school for spiritual formation and growth*

[www.servantleadergreensboro.com](http://www.servantleadergreensboro.com)

# CALENDAR OF OFFERINGS



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# OUR VISION



A core belief of our school is that every church in the world, by nature, is called to prepare servant leaders to follow Jesus Christ and serve God's dream for a transformed world.

The Servant Leadership School of Greensboro invites students to a deeper relationship with God and with others in community, as we explore both an inward journey of personal transformation and an outward journey of discerning our own particular "call" and giving expression to some form of life-giving service in the world. Now in our 20th year, we have welcomed participants from a wide variety of churches and organizations. We have supported persons called to serve in ministries of compassion, justice, and the alleviation of human suffering. Additionally, we have encouraged those called to practice servant leadership in their daily life and work, bringing new life to relationships, businesses, groups and organizations of all kinds.

**Our hope is to nurture a generation of Christian leadership which will bring renewal to our churches, create life-giving alternatives in the workplace, call forth creative new ministries to serve our community, and help to shape our future in accordance with God's dream.**

## OUR CURRICULUM

These core classes represent the essential ideas of servant leadership and are offered on a rotating basis in a ten-week format. **Servant Leadership 1 is a prerequisite for these Core classes and is offered every term.** Beyond our Core Curriculum, other classes and workshops are open to all without any prerequisites. Our **Core Curriculum** includes the following classes:

**SERVANT LEADERSHIP 1:** *Foundations for Growth and Transformation*

**COMMUNION:** *Prayer and the Practice of Presence*

**COMPASSION:** *Awakening the Intelligence of the Heart*

**CALL:** *Discerning Our Piece of God's Dream*

**MONEY:** *From Cultural Addiction to Spiritual Freedom*

**POWER REDEFINED:** *The Practice of a Third Way*

**Companion Classes**, workshops and other special events complement these essential concepts. They are open to all persons without prerequisite.

## OUR PRACTICES

The content of servant leadership, as we teach it, is integrated through three central "practices" embodied in and through our daily living:

**COMMUNION:** *Prayer and the Practice of Presence*

**COMPASSION:** *Awakening the Intelligence of the Heart*

**CO-CREATION:** *Alignment with Divine Power and Purpose*

# CORE CLASSES

## ORIENTATION TO SERVANT LEADERSHIP—TWO OPPORTUNITIES

*Tuesday, January 20, 2009 from 5:30–6:30 p.m. or  
Thursday, January 22, 2009 from 11 a.m.–12 p.m.*

*See  
registration  
form for class  
tuitions.*

Come to learn about the principles and practices of the Servant Leadership School of Greensboro, and to hear about our basic curriculum, winter/spring courses, retreats and other learning opportunities. Our faculty listing, class materials and registration forms will be available.

*Location: Broome Hall, Holy Trinity Episcopal Church*

*Led by: The Rev. Timothy Patterson and Ruth D. Anderson, Ph.D.*

## SERVANT LEADERSHIP 1: FOUNDATIONS FOR GROWTH AND TRANSFORMATION

*Tuesdays from 4–6 p.m. or Thursdays from 10 a.m.–12 p.m.  
beginning January 27 or 29 for 10 weeks*

Servant leadership is a paradoxical term which illuminates the true nature of genuine leadership at every level of life (workplace, community, family, church and world) and also brings us to the very heart of Christian discipleship, the way of Jesus. Servant leadership, as a radical redefinition of power and the nature of leadership, offers a compelling model for contemporary Christian living and a spiritual path that connects faith with daily life. In this course, we explore central themes of servant leadership – communion, community, compassion, call, money and power – and their interrelatedness, providing a context for spiritual practice and introduction to other Core classes.

*Location: Broome Hall, Holy Trinity Episcopal Church*

*Led by: The Rev. Timothy Patterson and Ruth D. Anderson, Ph.D.*

*“The job of our time is to hospice the death of the old unsustainable systems and structures and to midwife the birth of new sustainable systems and new ways of being... Our relationship with money can be the place where the transformation begins for each of us.”*

*–Lynne Twist, *The Soul of Money**

## SERVANT LEADERSHIP 2: A COVENANT GROUP FOR COMMUNITY, SHARING AND SUPPORT

*(Prerequisite: Servant Leadership 1)*

*Tuesdays from 10 a.m.–12 p.m. beginning January 27 for 12 weeks*

A 12-week covenant group to practice the principles learned in Servant Leadership 1 and other Core Classes. We will revisit the three central practices for Servant Leadership – Communion, Compassion and Co-Creation – in light of our daily experiences, situations and circumstances. Through a form of circle practice, we will experience personal sharing, deep listening and silence to reflect on how Servant Leadership becomes integrated into our daily lives.

*Location: 211 W. Fisher Avenue (upstairs)*

*Led by: The Rev. Elaine Kebba*

*"I've come to understand that although God is present all the time, I only experience God's presence some of the time. In SL2, every class was an experience of God's love working in, through, and among us. Thank you!"*

-SL student

*"No matter how much or how little money you have flowing through your life, when you direct that flow with soulful purpose, you feel wealthy. You feel vibrant and alive when you use your money in a way that represents you, not just as a response to the market economy, but also as an expression of who you are."*

- Lynne Twist

### **MONEY: FROM CULTURAL ADDICTION TO SPIRITUAL FREEDOM**

(Prerequisite: Servant Leadership 1)

*Tuesdays from 7-9 p.m. or Thursdays from 10 a.m.-12 p.m.*

*beginning January 27 or 29 for 10 weeks*

In this Core class, we will step back and examine our relationship with money and how our patterns of earning, spending, and giving away money offer an intriguing insight into our minds, hearts and acts of service. With the use of Lynne Twist's book, *The Soul of Money: Reclaiming the Wealth of our Inner Resources*, and other resources, we will work with cultural messages of scarcity and guilt around money and then look at what would happen in our lives as we shift towards experiences of sufficiency, freedom and purpose in relationship to our resources. We will reflect on Biblical stories and our own stories, and we will consider the wisdom of the Simplicity and Sabbath and Slowing movements as we seek greater spiritual freedom around money. We will explore money in the context of our call and the dream of God for our lives.

*Location: Roe Library, Holy Trinity Episcopal Church*

*Led by: Ruth D. Anderson, Ph.D. and the Rev. Timothy Patterson*

*"To be dependent on ourselves, our own wealth, our own skills, our own goodness, the approval of others, that is dependence and bondage. To be dependent on God, absolutely dependent, that is independence. Dependence on God is the only independence. Insecurity in God is the only insecurity."*

-Richard Rohr

*"We must redream, learn to question the cultural dream of more and begin to create a dream and a future that is consistent with our reverence toward, respect for and affirmation of life."*

-Lynne Twist

# COMPANION CLASSES

*For the most part,  
there are no pre-  
requisites to any of  
these classes.  
Please check each  
class for specifics.  
See registration  
form for class fees.*

## **CHRISTIANS LIVING ON THE HINGE OF HISTORY**

A Wisdom Circle jointly offered by Healing Ground and  
The Servant Leadership School

*Mondays from 6:30–9 p.m. beginning January 12 for 8 weeks*

Phyllis Tickle's latest book, *The Great Emergence: How Christianity is Changing and Why*, is a powerful and provocative work that helps us understand the cycles of social and cultural change that have occurred about every 500 years from the establishment of the world's great religions to the present time. It is an especially timely read for North American Christians trying to understand the religious consequences of the current cultural upheaval.

*Location: The Cloister, St. Andrew's Episcopal Church  
Led by: Dee Irwin, Ph.D.*

## **TRANSFORMING STRESS: THE HEARTMATH SOLUTION FOR RELIEVING WORRY, FATIGUE, AND TENSION**

*Mondays from 10:30 a.m.–12 p.m. beginning January 26 for 6 weeks*

The HeartMath method shows how to transform emotional and mental energy into new, satisfying feelings and intelligent perceptions. The HeartMath process shifts the often automatic responses etched into your neural circuitry towards awakening the intelligence of the heart to Divine Presence. This method focuses on positive feelings such as appreciation, care or compassion, which helps to create a coherence in our heart rhythms that has been shown to bring the emotions, body and mind into balance. The class will become a community of support as we implement the HeartMath practices into our daily lives.

*Location: 211 W. Fisher Avenue (upstairs)  
Led by: Ruth D. Anderson, Ph.D.*

## **SPIRITUAL ACTIVISM: BEING PRESENT TO CHILDREN IN POVERTY**

*Mondays from 4–6 p.m. beginning January 26, meeting monthly for 5 months*

Come to any of our monthly meetings to hear about our work with children in poverty in our community. We go to a local community housing environment and offer after-school programming two times a week. Come and see if this might be a volunteer opportunity which might be life-giving for you at this point in your life. Our growth in Servant Leadership becomes a commitment to Spiritual Activism, and, following Andrew Harvey, our Sacred Service is grounded in practical action and expressed in five ways: 1) Serving God with the whole of our being. 2) Serving ourselves as sacred instruments of divine co-creation, by keeping ourselves whole through proper diet, rest, exercise, prayer, growth and healing. 3) Serving the divine image in others, by recognizing that everybody and everything we meet is the face of God. 4) Serving in our local community, by figuring out what we realistically can and are called to do in our own community with our own resources. 5) Serving the planet as a global citizen, by considering what it means to have sacred

compassion on every level for all beings and living our lives accordingly.

*Location: 211 W. Fisher Avenue (upstairs)*

*Facilitated by: Ruth D. Anderson, Ph.D. and other Spiritual Activists*

### **ENNEA-COUPLES: USING THE ENNEAGRAM TO MAKE GOOD RELATIONSHIPS BETTER**

*Mondays from 6–8p.m. beginning January 26 for 6 weeks*

This class is for couples who have a working knowledge of the Enneagram as a tool for personal growth and transformation. Exercises will be used to help couples improve their communication skills and to better understand their own type, as well as their partner's type formation and behaviors. There will be "homework" assignments to reinforce our work in class, and to provide couples with opportunities to maintain presence and self-awareness throughout the week. It is essential that both partners attend each week, as the class work centers around each couple's needs, interests, and growth. Any stage of relationship is welcomed, including pre-marital to long-term relationships.

*Location: 211 W. Fisher Avenue (upstairs)*

*Led by: The Rev. Elaine Kebba and Thomas Kebba, MA, LPC, NCC*

### **THE MISUNDERSTOOD JEW: A BOOK STUDY**

*Tuesdays from 12:30–2 p.m. beginning January 27 for 10 weeks*

Who is Jesus? Many of us, Christians especially, think we know who Jesus is, but perhaps it would be helpful to look at Jesus from a new perspective. This class will examine Jesus' life through the eyes of the Jewish faith in order to more clearly understand who Jesus is and the implications for the Christian faith. This study is based on the book *The Misunderstood Jew* by Amy Jill Levine, Ph.D., graduate of Duke University. The class starts at 12:30 p.m. at the service for the guests at Greensboro Urban Ministry and then transitions into a time for discussion in the chaplain's office.

*Location: Greensboro Urban Ministry, 305 W. Lee Street, Greensboro*

*Led by: The Rev. Frank Dew*

### **JESUS TODAY: A SPIRITUALITY OF RADICAL FREEDOM**

*Tuesdays from 5:15–6:30 p.m. beginning January 27 for 10 weeks*

In his 2006 book *Jesus Today: A Spirituality of Radical Freedom*, Albert Nolan, a Dominican priest in South Africa, focuses on the spirituality of Jesus and its relevance for us in our challenging times. Nolan's work surveys the signs of our times and outlines the spirituality of Jesus as a way "to meet" these complex issues present with us. Nolan contends that Jesus, as a prophet and a mystic, provides a template for personal and cultural transformation. The Rev. Z. Holler, a local activist and everyday theologian, will facilitate the conversation around this fascinating book.

*Location: 211 W. Fisher Avenue (upstairs)*

*Led by: The Rev. Z. Holler*

### **DREAMS: GOD'S FORGOTTEN LANGUAGE**

*Wednesdays from 10–11:30 a.m. beginning January 28 for 6 weeks*

"Who is this dreamer within who knows us so well and speaks with such wisdom of who we are and what way we should go? I wonder if this inner voice is not the action of the Holy Spirit, the action of God as God touches our lives." (*The Savage and Beautiful Country* by Dr. Alan McGlashan)

Many people are afraid of dream interpretation. They either associate it with

## COMPANION CLASSES CONTINUED...

something New Age or as a means of predicting disaster and calamity. Or perhaps they've read too much about Sigmund Freud's analysis of dreams. Drawing from a variety of fields (scripture, history and psychology), this class will emphasize the importance of dream interpretation for finding greater health and wholeness in our lives. More specifically, we will approach our dreams as one means of listening to God more closely.

During this six-week journey, participants will: revisit some of the dreams and visions recorded in scripture; rediscover the importance of dreams in shaping the course of history; begin to understand many of the symbols that appear in our dreams; and receive suggestions for working with their individual dreams. Utilizing a model developed by the Haden Institute, participants will also experience the process of sharing a personal dream within the context of a dream group.

*Location: 211 W. Fisher Avenue (upstairs)*

*Led by: The Rev. Phil Myers*

### CONTEMPLATIVE PRAYER

*Wednesdays from 12–1 p.m. beginning January 28 for 10 weeks*

After a short check-in where we share the movement of Spirit in our everyday lives from the previous week, we will meditate in silence for 20 minutes, followed by 10 to 15 minutes of journaling and further sharing in circle format. Together, we will become a community of meditation as we explore being present to the love of God together. All levels of seekers most welcome.

*Location: 211 W. Fisher Avenue (upstairs)*

*Led by: Ruth D. Anderson, Ph.D.*

### BETWEEN THE TRAPEZE BARS

*Thursdays from 7:30–9 p.m. beginning January 29 for 6 weeks*

The space between letting go of one trapeze bar and grabbing on to the next is a dark void demanding a leap of faith. The transition zone between “the past is gone” and “the future is not yet here” can be disorienting, confusing, frightening. Our inclination is to move through it as quickly as possible. Yet spiritual wisdom teaches that the chaos following external change is fertile ground for internal change and transformation, if we can just hang out long enough. This class will provide a community of support for those in any kind of transition. Using scripture, music, and personal story, we will search together for images of hope to sustain us in the wilderness while awaiting new life, which often begins in the dark. Material will be presented from *Transitions: Making Sense of Life's Changes* by William Bridges and *The Seasons of a Restless Heart: A Spiritual Companion for Living in Transition* by Debra Farrington, but the class has no required reading.

*Location: Center for Psychotherapy, 912 N. Elm Street*

*Led by: Marion McCollum, Ed. D.*

# THE LABYRINTH



REDISCOVER AN ANCIENT SPIRITUAL TOOL FOR MODERN-DAY  
TRANSFORMATION

*“Solvitur ambulando...” It is solved by walking...*

–Saint Augustine

You are invited on a modern-day pilgrimage at Holy Trinity’s outdoor labyrinth located adjacent to the sanctuary in the gracious and peaceful columbarium garden. In the center of the beautifully crafted eleven-circuit Chartres-style stone labyrinth is a fountain of flowing water while a replica of a Celtic high cross bears witness to this sacred place. By walking the labyrinth alone or in a guided group, you may experience a kind of body prayer or walking meditation that quiets your mind, allowing your spirit to become more receptive to the still small voice of God. The Holy Trinity labyrinth, located in a cloistered and well-lighted outdoor space, is always available for individual walkers. Opportunities also abound for you to experience facilitated labyrinth walks in the context of a supportive community.

## **LABYRINTH KEEPERS BUSINESS MEETING**

*First Monday of each month from 12–1 p.m.*

The Labyrinth Keepers are an ecumenical group dedicated to providing education and opportunities for people to experience transformation through walking the labyrinth. Our primary focus is to energize and expand the use of the outdoor labyrinth located in the center of downtown Greensboro at Holy Trinity Episcopal Church. In conjunction with The Servant Leadership School and InnerWalk, we plan, advertise, train, and provide facilitators for a variety of community-wide labyrinth offerings. Call 378-0509 or e-mail [innerwalknc@aol.com](mailto:innerwalknc@aol.com) for more information about how you can become active in the mission of the labyrinth.

*Location: InnerWalk, 130B E. Fisher Avenue, Greensboro*

*Convener: Marjorie Donnelly, M.Ed.*

## **GROUP LABYRINTH WALK WITH THE LABYRINTH KEEPERS**

*Third Monday of each month from 12–1 p.m.*

The Labyrinth Keepers meet and walk the labyrinth together once a month as a group in order to build community and support one another’s journeys through the regular practice of prayer and walking meditation.

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church*

*Led By: The Labyrinth Keepers*

## **365-DAY PRESENCE ON THE LABYRINTH**

*Organizational Meeting for 2009: Sunday, January 25, 2009 from 2–3:30 p.m.*

Someone walked Holy Trinity’s labyrinth every day in 2008! We are excited to continue this inspirational project into 2009. Join the labyrinth keepers and connect with others of like heart to walk the labyrinth. This community-wide effort will keep the energy of peace and love flowing every day of the year. You can pledge to walk as often as you want – one day a week, one day a month, or one day during the year. Perhaps you will want to walk on your

## THE LABYRINTH CONTINUED...

birthday or your anniversary or some other special day. Some people sign up for the same day each week or each month. Walkers pray for one another and for the community and the world as they walk. We will have the 2009 organizational meeting, which will include a group labyrinth walk, on January 25. Contact Marjorie Donnelly at 378-0509 or innerwalknc@aol.com for more information or to volunteer for specific days if you are unable to be at the organizational meeting. This year there will be weekly email support for 365-Day Walkers who desire it.

*Location: Roe Library and Outdoor Labyrinth, Holy Trinity Episcopal Church  
Led by: Marjorie Donnelly, M.Ed.*

### **HOLY WEEK WALKING MEDITATION USING THE LABYRINTH**

*Monday, April 6–Friday, April 10 from 12:15–1 p.m.*

During this solemn and sacred week leading up to Easter, experience the labyrinth's sacred pattern and sacred path. Walking the labyrinth helps you to quiet your mind, reconnect with your body, and see your life in the context of a path, a pilgrimage. As you symbolically make the walk with Christ to Jerusalem, use the labyrinth as a tool for silent reflection and prayer in the company of other pilgrims on the way. A Holy Week reflection facilitated by one of the labyrinth keepers and a time of blessing in the center of the labyrinth will precede each day's walk. Attend any or all of these walks as your schedule allows. Bring a journal if desired.

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church  
Led by: The Labyrinth Keepers*

### **INTRODUCTION TO WALKING MEDITATION USING THE LABYRINTH**

*Saturday, March 21, 2009 from 10 a.m.–12 p.m.*

What do you do in the labyrinth? If you have been curious about the labyrinth as a spiritual tool, this two-hour workshop will provide you with gentle instruction and support for beginning your labyrinth journey of transformation. If you are a veteran walker, you will benefit from this “mini-retreat” in the context of a supportive community of labyrinth pilgrims walking and praying together. Although there is no “right” or “wrong” way to walk the labyrinth, some simple guidelines are helpful, as the labyrinth can appear quite awesome at first. We will meet first in Broome Hall, and then move as a group to the outdoor labyrinth.

*Location: Broome Hall and Outdoor Labyrinth, Holy Trinity Episcopal Church  
Led by: Marjorie Donnelly, M.Ed.*

### **EXPLORING CREATIVITY THROUGH THE LABYRINTH**

*Saturday, April 25, 2009 from 10 a.m.–4 p.m. (lunch included)*

We are all creative, but sometimes we need help to tap into the spirit of creativity that lives within each of us. This workshop is designed to free your creative spirit through walking the labyrinth. As you walk the labyrinth's path, you engage the imagination and the intuitive, creative “right brain,” while also nurturing your spiritual nature and feeding your soul. Marjorie Donnelly is a seasoned retreat and workshop leader and a lifelong student of the interplay between spirituality and creativity. She will provide a potpourri of materials and experiences that are sure to delight all of your senses and free your inner child. No matter what your age or your life path, it is not too late or

too egotistical or too selfish or too silly to work on your creativity. Besides, it's a whole lot of fun! Join the workshop and plan to be delighted and amazed as you embrace your own innate creative gifts and talents.

*Location: Broome Hall and the Outdoor Labyrinth, Holy Trinity Episcopal Church  
Led by: Marjorie Donnelly, M.Ed.*

#### **MAY DAY FAMILY LABYRINTH WALK WITH LIVE MUSIC**

*Friday, May 1, 2009 from 5:30–7 p.m.*

Rejoice and have fun! Spring has arrived, and the Labyrinth Keepers are throwing a labyrinth party. You are cordially invited to attend, and bring your family and friends to walk, skip or perhaps even dance the labyrinth's winding path. Spring is an energetic season, a time of awakening, of stirring, of coming alive. Holy Trinity's outdoor labyrinth will come alive the evening of May 1 during a festive celebration of live music and the awakened footsteps of many walkers. At 5:30 p.m. there will be an introduction for those new to the labyrinth followed by a time of blessing in the center of the labyrinth. Feel free to join the brief presentation or simply come and walk at your convenience. There will be Labyrinth Keepers on hand throughout the evening to guide you. Please plan to enter the labyrinth no later than 7 p.m. In the case of inclement weather, the May Day Family Labyrinth Walk will take place in the Haywood Duke room, located in the parish hall on a canvas labyrinth.

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church  
Led by: The Labyrinth Keepers*

#### **LAUREN ARTRESS TO VISIT HOLY TRINITY**

*November 13–17, 2009*

Mark your calendars for Lauren Artress' visit to Greensboro November 13–17, 2009. Lauren Artress is an Episcopal priest, spiritual director, Canon of Grace Cathedral in San Francisco and author of three books on the labyrinth. Her first book was instrumental in launching what is now known as The Labyrinth Movement. She founded a non-profit named Veriditas, the World-Wide Labyrinth Project in 1996 to "pepper the planet with labyrinths." Through Veriditas, she teaches about the labyrinth as a spiritual practice that can keep us "focused and fearless during the precarious times we live in" in addition to offering training for people who want to become certified labyrinth facilitators.

Friday, November 13 through Sunday, November 15, 2009 Lauren will facilitate a Weekend Labyrinth Workshop at Holy Trinity, which is open to the public. Monday, November 16 through Tuesday, November 17, 2009 she will offer Labyrinth Facilitator Training, which requires an application through Veriditas.

This is a unique opportunity on the East Coast to benefit from Lauren's wealth of knowledge as the premier labyrinth educator of our times and to fulfill both of the prerequisites for becoming a certified Veriditas labyrinth facilitator. For more information, contact Marjorie Donnelly at 378-0509 or [innerwalknc@aol.com](mailto:innerwalknc@aol.com).

# SPIRITUAL PRACTICES on SATURDAYS



*These classes offer an opportunity for students and for the general public to sample practices used in our Servant Leadership School before making a longer commitment to a class or workshop.*

## **INTRODUCTION TO COMPASSIONATE COMMUNICATION**

*Saturday, January 31, 2009 from 10 a.m.–12 p.m.*

Nonviolent Communication (NVC) is a process of communication developed by Dr. Marshall Rosenberg that enables persons to communicate their needs and feelings to others in a way that does not produce shame, blame or guilt in either the speaker or the listener. This class will be a brief introduction to the principles and practice of NVC.

*Location: Broome Hall, Holy Trinity Episcopal Church*

*Led by: Amelia Poole, M.A.*

## **CENTERING PRAYER**

*Saturday, February 7, 2009 from 10 a.m.–12 p.m.*

After a short description of the guidelines on Centering Prayer, we will sit in silence, then journal and then share this place of deep silence and connection. Beginners and more practiced participants are most welcome.

*Location: Broome Hall, Holy Trinity Episcopal Church*

*Led by: Ruth Anderson, Ph.D.*

*“Centering Prayer is based entirely on return – ten thousand times, if it comes to that. We put teeth in our intention to be deeply open to God by our willingness, when we find ourselves “caught out” with a thought, simply to let that thought go. Letting go of a thought is a small but powerful symbol of our willingness in a larger sense to let go of our own stuff and return to that open attending to God.”*

*–Cynthia Bourgeault, Centering Prayer and Inner Awakening*

## **INTEGRAL TRANSFORMATIVE PRACTICE (ITP): A SPIRITUAL PRACTICE FOR REALIZING THE POTENTIAL OF OUR BODY, HEART, MIND AND SOUL**

*Saturday, February 21, 2009 from 10 a.m.–12 p.m.*

Combining movements and gentle stretching, progressive relaxation, visualization, and centering prayer, ITP allows us to balance and ground our bodies, open our hearts, and clear our minds to become more present to God’s Presence within us and among us. Come ready and dressed for easy movement. Bring a mat if you have one. Materials will be provided to begin a home practice if desired.

*Location: Broome Hall, Holy Trinity Episcopal Church*

*Led by: The Rev. Timothy Patterson*

### DISCOVERING THE ENNEAGRAM: AN INTRODUCTORY WORKSHOP

*Saturday, February 28, 2009 from 9 a.m.–4 p.m. (lunch included)*

The Enneagram, a nine-point geometric figure which maps the human personality, has roots in the early spirituality of the desert fathers and mothers of the fourth century. In this workshop, the Kebbas introduce the nine types and discuss how we all have each type in us; how this knowledge can be used for deeper understanding of ourselves and others; and ways this understanding helps us as servant leaders.

*Location: Broome Hall, Holy Trinity Episcopal Church*

*Led by: The Rev. Elaine Kebba and Tom Kebba, MA, LPC, NCC*

### INTRODUCTION TO HEARTMATH

*Saturday, March 14, 2009 from 10 a.m.–12 p.m.*

The HeartMath method shows how to transform emotional and mental energy into new, satisfying feelings and intelligent perceptions. The HeartMath process shifts the often automatic responses etched into your neural circuitry towards awakening the intelligence of the heart to Divine Presence. This method focuses on positive feelings such as appreciation, care or compassion, which helps to create a coherence in our heart rhythms that has been shown to bring the emotions, body and mind into balance.

*Location: Broome Hall, Holy Trinity Episcopal Church*

*Led by: The Rev. Timothy Patterson*

### INTRODUCTION TO WALKING MEDITATION USING THE LABYRINTH

*Saturday, March 21, 2009 from 10 a.m.–12 p.m.*

What do you do in the labyrinth? If you have been curious about the labyrinth as a spiritual tool, this two-hour workshop will provide you with gentle instruction and support for beginning your labyrinth journey of transformation. If you are a veteran walker, you will benefit from this “mini-retreat” in the context of a supportive community of labyrinth pilgrims walking and praying together. Although there is no “right” or “wrong” way to walk the labyrinth, some simple guidelines are helpful, as the labyrinth can appear quite awesome at first. We will meet first in Broome Hall, and then move as a group to the outdoor labyrinth.

*Location: Broome Hall and Outdoor Labyrinth, Holy Trinity Episcopal Church*

*Led by: Marjorie Donnelly, M.Ed.*

#### **THE SACRED GARDEN BOOKSTORE: COFFEE, BOOKS, GIFTS AND SPIRIT**

The Sacred Garden Bookstore, located at 215 W. Fisher Avenue, will be selling all the books and supporting texts used in The Servant Leadership School of Greensboro’s classes. Books for each class will be available at a 20 percent discount for students currently enrolled in the school. Supporting texts not actually required for the classes will be sold at regular retail cost. The bookstore also carries a wide range of gifts and books that undergird many of the principles that are explored in our classes but go deeper. We encourage you to support the bookstore in whatever way seems right for you. Hours are Monday–Thursday, 11 a.m.–6 p.m. and Sunday, 10 a.m.–1 p.m.

# SPRING TERM

## **CATCHING OURSELVES IN THE ACT: UNDERSTANDING AND USING THE ENNEAGRAM FOR SPIRITUAL TRANSFORMATION**

*Mondays from 6–8 p.m. beginning April 20 for 6 weeks*

The ancient wisdom of the Enneagram provides a tool for the journey inward that invites us “to look deeply into the mystery of our true identity.” It is a process by which we can discover a more profound truth about ourselves and our place in the world. During this six-week class, students will explore more deeply the content presented at the *Discovering the Enneagram* workshops: Wing subtypes; Paths of Integration/Disintegration; Levels of Development; Instinctual Variants; and Relationship Dynamics. The class will be most helpful to students who use the Enneagram as a spiritual practice and are familiar with the nine personality Types.

*Location: 211 W. Fisher Avenue (upstairs)*

*Led by: The Rev. Elaine Kebba and Tom Kebba, MA, LPC, NCC*

## **TRANSFORMING STRESS: THE HEARTMATH SOLUTION FOR RELIEVING WORRY, FATIGUE AND TENSION**

*Tuesdays from 6:30–8 p.m. beginning April 21 for 6 weeks*

The HeartMath method shows how to transform emotional and mental energy into new, satisfying feelings and intelligent perceptions. The HeartMath process shifts the often automatic responses etched into your neural circuitry towards awakening the intelligence of the heart to Divine Presence. This method focuses on positive feelings such as appreciation, care or compassion, which helps to create a coherence in our heart rhythms that has been shown to bring the emotions, body and mind into balance. The class will become a community of support as we implement the HeartMath practices into our daily lives.

*Location: 211 W. Fisher Avenue (upstairs)*

*Led by: Ruth D. Anderson, Ph.D.*

## **COMPASSIONATE COMMUNICATION AS A SPIRITUAL PRACTICE**

*Wednesdays from 6:30–8 p.m. beginning April 22 for 6 weeks (no class April 29)*

Our speech is the main way we communicate with one another, but so often we take the things we say for granted and very seldom do we examine what we say or hear from a place of presence or awareness. This lack of awareness can be the source of grave misunderstandings and can lead to major conflicts. Becoming aware of our communication, the feelings and needs behind it, can help us to become better communicators and enable us to connect more effectively with others. We can also learn to hear what others say through a lens of understanding and compassion, which renders us less vulnerable to hurts. Using the process of Nonviolent Communication (NVC) as taught by Dr. Marshall Rosenberg, we will learn and practice NVC through both lecture and experience.

*Location: 211 W. Fisher Avenue (upstairs)*

*Led by: Amelia Poole, M.A.*

### EXPLORING CREATIVITY THROUGH THE LABYRINTH

*Saturday, April 25, 2009 from 10 a.m.–4 p.m. (lunch included)*

We are all creative, but sometimes we need help to tap into the spirit of creativity that lives within each of us. This workshop is designed to free your creative spirit through walking the labyrinth. As you walk the labyrinth's path, you engage the imagination and the intuitive, creative "right brain," while also nurturing your spiritual nature and feeding your soul. Marjorie Donnelly is a seasoned retreat and workshop leader and a lifelong student of the interplay between spirituality and creativity. She will provide a potpourri of materials and experiences that are sure to delight all of your senses and free your inner child. No matter what your age or your life path, it is not too late or too egotistical or too selfish or too silly to work on your creativity. Besides, it's a whole lot of fun! Join the workshop and plan to be delighted and amazed as you embrace your own innate creative gifts and talents.

*Location: Broome Hall and the Outdoor Labyrinth, Holy Trinity Episcopal Church  
Led by: Marjorie Donnelly, M.Ed.*

### MAY DAY FAMILY LABYRINTH WALK WITH LIVE MUSIC

*Friday, May 1, 2009 from 5:30–7 p.m.*

Rejoice and have fun! Spring has arrived, and the Labyrinth Keepers are throwing a labyrinth party. You are cordially invited to attend, and bring your family and friends to walk, skip or perhaps even dance the labyrinth's winding path. Spring is an energetic season, a time of awakening, of stirring, of coming alive. Holy Trinity's outdoor labyrinth will come alive the evening of May 1st during a festive celebration of live music and the awakened footsteps of many walkers. At 5:30 p.m. there will be an introduction for those new to the labyrinth followed by a time of blessing in the center of the labyrinth. Feel free to join the brief presentation or simply come and walk at your convenience. There will be Labyrinth Keepers on hand throughout the evening to guide you. Please plan to enter the labyrinth no later than 7 p.m. In the case of inclement weather, the May Day Family Labyrinth Walk will take place in the Haywood Duke room, located in the parish hall on a canvas labyrinth.

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church  
Led by: The Labyrinth Keepers*

*"Simplicity points to us a way of living in which everything we have we receive as gift, and everything we have is cared for by God, and everything we have is available to others when it is right and good. This reality frames the heart of Christian simplicity. It is a means of liberation and power to do what is right and to overcome the forces of fear and avarice."*

*-Richard Foster*

# HEALING GROUND

*Suggested  
donations are  
just that –  
suggestions.*

Healing Ground is a retreat center located in Summerfield, North Carolina that supports the mission of the Servant Leadership School. It is offered to the community as a place to experience renewed spiritual strength and nourishment. The grounds are beautifully landscaped with an outdoor labyrinth, a prayer path through the hardy grove, and many meditation areas by the pond and in the woods and gardens. Personal retreats can be guided or unstructured. Small groups (up to 15) can gather to explore dimensions of the inward journey of personal transformation and the outward journey of offering our gifts in the world in which we live. A skilled group of retreat leaders is available to facilitate retreats and are willing to tailor programs to meet the needs of individual or group. To schedule a retreat, or to register for one of those described below, call 643-8898, write 7628 Penns Grove Road, Summerfield, NC 27358, e-mail healing-ground@triad.rr.com or go online at [www.healingground.org](http://www.healingground.org).

## RETREAT OFFERINGS

### A QUIET DAY IN THE QUIET GARDEN

*First Friday of each month from 10 a.m.–3 p.m.*

Enjoy a day in the Quiet Garden. Materials will be provided for creative expression, and meditation spaces abound both indoors and throughout the grounds. Participants are invited to attend on any first Friday, for all or part of the day. A short meditation begins and ends the day.

January 2 – Envisioning 2009: Setting intentions for the new year

February 6 – Awakening the heart: Choosing love

March 6 – Lenten Offering: Every seed has its own Easter

April 3 – Benedictine Day: Living the balance of prayer, work, rest and leisure

May 1 – Beltrane Celebration: The flowering of life

June 5 – Day of Mindfulness: The Kingdom is now or never

*Suggested donation: Any love offering is appreciated. Beverages and snacks provided; please bring a bag lunch.*

### PILGRIM'S PROGRESS

*Saturday, January 3, 2009 from 1:30 p.m. until ?*

Anyone who has been on a Healing Ground pilgrimage is invited to come for a rekindling of friendships and soul talk about how we are each faring on our larger pilgrim journey called life. We will be calling Circle and offering Sabbath time as a mini-pilgrimage to start this new year with mindful intentions that nourish our soul.

*Suggested donation: love offering. Bring an offering of food or beverage to share for evening meal.*

*Led by: Pat Bailey and Dee Irwin, pilgrimage leaders*

### ENNEAGRAM WISDOM CIRCLE

*Every other Wednesday from 9–11:30 a.m., January 7–April 29*

The Enneagram is a comprehensive psycho-spiritual typology that helps us understand our personality and our relationships. At its deepest level, it is a map to wholeness that helps us remember who we are and what we came here to do. This bimonthly series is designed for people who have had an introduction to the Enneagram, know their Enneagram type and are committed to practicing presence in their daily life. This session's focus is on working the Enneagram symbol to gather the strengths and gifts of each point as we integrate toward wholeness.

*Suggested donation: \$100*

*Led by: Dee Irwin, Enneagram teacher, and retreat leader*

### WOMEN IN SOUP

*Saturday, January 24, 2009 from 10 a.m.–3 p.m.*

Women often find themselves in situations where creative action is necessary. Come for a day where we will embody the art of being a woman in the middle of the soup of life. We will make soup together as both metaphor and sustenance. Each participant is asked to bring one ingredient in a paper bag that she will contribute to the pot for soup. Don't discuss what you plan to bring with others who you know will also be attending.

*Suggested donation: \$40–60*

*Led by: Sue Treuman, artist, musician, and muse who lives and creates in Carrboro, North Carolina*

### PRE-PILGRIMAGE CELTIC SAINTS WISDOM CIRCLE

*February 19, March 5 and 19, and April 2, 16, and 30 from 6:30–8:30 p.m.*

This circle is designed for those who would like to read and prepare for *A Pilgrimage with the Celtic Saints in Brittany: Discovering God in All*. We will be using some of the vast and rich spiritual traditions of Brittany from Patrick to Martin of Tours (Candes St. Martin) to St. Michael (Mont St. Michel) to the Black Madonna (Chartres). Marcus Losack and Regina Roman will meet with us for a presentation and meditation when they are in North Carolina this spring. The wisdom circle is open to both pilgrims and pilgrim partners who support those who go to Brittany.

*Location: 211 W. Fisher Avenue*

*Suggested donation: \$100*

*Led by: Pat Bailey and Dee Irwin, pilgrims on the journey*

### HARMONIOUS STRESS RELEASE AND RELAXATION TECHNIQUES

*Saturday, February 28, 2009 from 10 a.m.–3 p.m.*

This is an introduction to helpful and fun techniques that smooth and sooth the bumps of life. The practices are drawn from Eastern and Western concepts of prayer and meditation and old and new "alternative" therapies that help you gain an understanding of your own physical, mental, and emotional dialogue.

*Suggested donation: \$35-50. Bring your lunch; beverages provided.*

*Led by: Barbara Brown, an art therapist, and Mary Dodd. Both are interfaith ministers and trained in a variety of healing modalities, including Reiki and Aurora techniques.*

## HEALING GROUND CONTINUED...

### THE PREGNANT EARTH

*Saturday, March 21, 2009 from 10 a.m.–3 p.m.*

We are at a “hinge of history” where old structures are collapsing and new structures are ready to burst forth. It is time to consciously awaken what we wish to birth – in ourselves and in our communities. Come for a day where we will embody the birthing process as we welcome spring and sow the seeds of change.

*Suggested Donation: \$40–60*

*Led by: Sue Treuman, grandmother, mother, artist, musician, and muse*

### SOUL OF MONEY WISDOM CIRCLE

*Wednesday, April 15, 2009 from 7–9 p.m.*

Many of us have taken classes on the energy or soul of money and have explored the habits that keep us in debt both financially and energetically. Putting those practices to work in a culture that views money through the lens of power, prestige and possessions is a real challenge. Some habits are easy to change, others more difficult. This is time to check in with others who are rethinking their relationship to money and to explore the new challenges we face with the global financial meltdown.

*Suggested donation: love offering*

*Led by: Ruth D. Anderson, Ph.D., Director of The Servant Leadership School of Greensboro*

### WISDOM OF THE HEART – A PILGRIMAGE WITH THE CELTIC SAINTS IN BRITTANY: DISCOVERING GOD IN ALL

*May 5–14, 2009*

*Cost: \$3,450 (not including airfare), \$450 single supplement. Check our Web site, [healingground.org](http://healingground.org) or call 644-0076 for details.*

It is impossible to resist Brittany’s charm and beauty, created through the shifting winds of nature, history and legends or to escape being captivated by the ancient Celtic culture and traditions woven into this sacred land and its people.

Ancient wisdom traditions from both the Christian and pre-Christian periods are embedded deeply with the Celtic soul and landscape of Brittany. What makes this pilgrimage unique is that we will relate this experience to the deeper wisdom of our own hearts through daily reflections, prayers and teachings as we journey through this sacred land together.

Pilgrimage guides are Marcus Losack, poet, author, Anglican priest and Celtic scholar; and Regina Roman, spiritual director, icon writer, and retreat facilitator. Pat Bailey and Dee Irwin will be calling circle each day on the pilgrimage.

### WALKING THE LABYRINTH AT HEALING GROUND

This form of meditation or prayer walking has been helpful to people throughout the ages and continues to be an effective way to center oneself restoring peace and calm. Healing Ground has a beautiful outdoor labyrinth in the Quiet Garden which is always available for use. You can also bring the experience of walking the labyrinth to individuals or groups by taking advantage of Healing Ground’s portable 11-circuit canvas Chartres labyrinth (rental fee is \$100).

# SPECIAL EVENTS



## JANUARY

### TRINITY INSTITUTE'S 39TH NATIONAL THEOLOGICAL CONFERENCE: RADICAL ABUNDANCE: A THEOLOGY OF SUSTAINABILITY

*January 21–23, 2009*

This year's conference will explore the theological basis for reimagining abundance measured not by consumer satisfaction but by just and sustainable relations with nature and communities. Keynote speakers will include MacArthur "Genius" Fellow/Sundance Channel host Majora Carter, environmental theologian Timothy Gorringer, and best-selling author David C. Korten. Additional speakers to be announced. Conference participation is open to all faith traditions and can be attended onsite at Trinity Church in New York City or at video-linked partner sites, including Holy Trinity Episcopal Church in Greensboro. Visit [www.trinitywallstreet.org](http://www.trinitywallstreet.org) for more information.

## APRIL

### BENNETT SIMS INSTITUTE FOR SERVANT LEADERSHIP ANNUAL CONFERENCE

*April 16–19, 2009*

Visit [www.servleader.org](http://www.servleader.org) for details.

*Location: Kanuga Conference Center, Hendersonville, North Carolina*

### WOMEN AND MEN IN TIME: A SPRINGTIME RETREAT

*April 16-19, 2009*

We invite you to develop with us a sacred collective to find our voices within the personal and global issues of our time. Throughout the weekend, we will participate in ritual, singing, writing, storytelling, and group process to explore our personal stories within the various layers of time that hold us. Contact Velma Frye, [velma@velmafrye.com](mailto:velma@velmafrye.com).

*Facilitated by Norine, Cardea, Susan Cerulean, and Velma Frye*

*Location: St. Francis Springs Prayer Center, Stoneville, North Carolina*

## MAY

### THE ENNEAGRAM: HIGHER ASPECTS OF DEVELOPMENT

*May 8–10, 2009*

This workshop will focus on using the Enneagram and the Levels of Development to explore some of the deeper structures and issues of the personality. We will look at the nine internal Levels in each type, seeing how each Level marks a step toward or away from Being and Presence. Call 832-8221 or visit [www.gahec.org/courses](http://www.gahec.org/courses) for details.

*Location: Greensboro AHEC at Moses Cone Hospital*

*Led by: Russ Hudson from The Enneagram Institute*

# FACULTY AND BOARD



**\*RUTH D. ANDERSON, PH.D.** received her M.A. from Kent State University and her Ph.D. from the University of Oregon in Communication. Ruth, a professor at North Carolina State University for 15 years and then vice-president of Kindermusik International for eight years, brings both theory and practice to servant leadership. Currently, Ruth is Director of the Servant Leadership School of Greensboro where she teaches and learns in Servant Leadership 1, Centering Prayer, Compassion Circles, Enneagram and through other servant leadership experiences.

**\*ROBIN BRITT** serves as the Executive Director of Guilford Child Development. He received a law degree from UNC-CH in 1973, a graduate law degree from New York University, and became a partner in the Smith Moore law firm in Greensboro. He served in the cabinet of Governor Jim Hunt from 1983-1987 as Secretary of the NC Department of Human Resources.

**THE REV. FRANK DEW** is a chaplain at Greensboro Urban Ministry and a pastor at New Creation Community Presbyterian Church. He holds a B.A. from Wake Forest University and a M.Div. from Duke Divinity School. Frank provides guidance for Stephen's Ministers and teaches classes at Greensboro Urban Ministry for the Servant Leadership School of Greensboro.

**MARJORIE DONNELLY** is the founder and director of InnerWalk, and is a lifelong student of spirituality, psychology and creativity. Her background includes 28 years teaching and counseling in public education, as well as community and church settings, including The Servant Leadership School. She has a variety of traditional and non-traditional educational trainings, including a M.Ed. in counseling from the University of Virginia, certification as a Shalem spiritual director, Veriditas labyrinth facilitator, and Enneagram teacher in the narrative tradition. She has been the coordinator of Holy Trinity's outdoor labyrinth since 2006. Marjorie is available for individual spiritual direction by appointment.

**\*THE REV. DOUGLASS GILBERT** currently serves as the Chair of the Board for the Servant Leadership School of Greensboro.

**\*DEE IRWIN, PH.D.** retired after 30 years of teaching child psychology and human development in university settings (Columbia University, Teachers College, Stanford University, UNC-Greensboro). With Pat Bailey, she founded Healing Ground in 2000, a small retreat center in Summerfield, NC that supports the mission of the Servant Leadership School of Greensboro. She loves teaching, offers spiritual direction, does conflict resolution work with churches, educational institutions and non-profit organizations, and is a student and teacher of the Enneagram.

**THE REV. Z. HOLLER** is a retired Presbyterian minister and one of the founders of the Beloved Community Center of Greensboro, an interracial ministry in the spirit of Dr. M. L. King Jr., which stands with poor and marginalized members and groups in our city for the sake of the healing and empowerment of all members of the Greensboro community. Since his ordination in 1958, Z. served churches in Anderson, SC, Atlanta, GA, Clemson, SC and Greensboro. He also served as

Pastor to Pastors in Orange Presbytery and as a campus minister during the Vietnam conflict and campus tumults. He retired from the Presbyterian Church of the Covenant in 1993, and has taught a number of Servant Leadership courses since then.

**THE REV. ELAINE M. KEBBA**, an Episcopal priest, offers workshops in Spiritual Development, Spiritual Retreats, and Spiritual Coaching/ Mentoring. Elaine assists with curriculum development for the Servant Leadership School of Greensboro, does extensive teaching of the Enneagram, as well as teaches companion classes and leads small groups. Elaine obtained her B.S. from the University of Maryland at College Park, her M.S. at the University of North Carolina at Greensboro, and her M.Div. from Virginia Theological Seminary, Alexandria, Virginia.

**THOMAS J. KEBBA, MA, LPC, NCC** is an experienced independent consultant, marriage and family therapist, director of a counseling agency, certified teacher of the Enneagram, and seminar leader. Tom holds a B.A. from the University of Maryland at College Park and an M.A. from Towson State University. He completed an Internship in Marriage, Family, and Sex Therapy at the Department of Psychiatry, School of Medicine, University of Pennsylvania.

**MARION MCMCOLLUM, ED.D.** is a licensed psychologist in private practice. She is also a trained spiritual director (Shalem Institute) and retreat leader (Stillpoint Ministries). She has degrees from Agnes Scott College, Boston College, and Indiana University. For over 35 years, Marion has worked professionally in mental health centers, schools, and churches, walking with people of all ages through their life transitions and encouraging them to grow spiritually in the process. Marion has recently founded Courage to Age™ wellness programs for the second half of life.

**THE REV. PHIL MYERS** has served as the pastor of First Reformed United Church of Christ in Burlington, North Carolina for the past 14 years. Ordained in 1987, he received a B.A. in Psychology from Wake Forest University and an M.Div. from Lancaster Theological Seminary. He attended Haden Institute's annual Dream Conference in 2007 and is enrolled in the Spiritual Director's training program.

**\*THE REV. TIMOTHY PATTERSON** is one of the founders of the Servant Leadership School of Greensboro. A graduate of Duke University and Duke Divinity School, Tim's experience includes six years' work as a counselor on an in-patient psychiatric unit, two years of Clinical Pastoral Education at Duke Medical Center, and completion of the certificate program in Spiritual Direction at General Theological Seminary in New York. Since arriving in Greensboro in 1989, Tim has served at Holy Trinity Episcopal Church where he became Rector in 1995. He was awarded the 2001 Leadership Medal by Leadership Greensboro for his work in community outreach and establishing the Servant Leadership School.

**\*AMELIA POOLE** holds a Master's Degree in both Biology and Conflict Resolution. She has been trained as a small-group facilitator for Disciple Bible Study and Companions in Christ. She also received training in Peer Spirit Circle Practice and has completed Enneagram training with Russ Hudson and Don Riso. Most recently, she has been trained in Nonviolent Communication with Dr. Marshall Rosenberg and continues study with Robert Gonzales in the NVC LIFE program. She currently serves on the boards of The Servant Leadership School of Greensboro and The Servant Center and is a member of Holy Trinity Episcopal Church. She has experience in mediation and communication coaching and is available for private sessions by appointment.

*\*Currently serving on the Board of Directors of the Servant Leadership School of Greensboro.*

# REGISTRATION

Please register early! Early registration allows us to better accommodate space and other needs. A \$10 charge will be deducted from any refunds made for cancellations to cover the costs involved in processing. Classes begin the week of January 26! Books for each class may be purchased at the Sacred Garden Bookstore, 215 W. Fisher Avenue, at a 20% discount for Servant Leadership School students.

Classes meet at Holy Trinity Episcopal Church, 607 N. Greene Street and 211 W. Fisher Avenue, Greensboro (just north of downtown) and at Greensboro Urban Ministry, 305 W. Lee Street. The Servant Leadership School office is located at 215 W. Fisher Avenue, behind Holy Trinity.



For further information, contact Ruth D. Anderson, Ph.D., Director of the Servant Leadership School of Greensboro, at 336-275-0447 or [rdanderson@triad.rr.com](mailto:rdanderson@triad.rr.com) GREENSBORO, NC

Visit us on the web at [www.servantleadergreensboro.com](http://www.servantleadergreensboro.com)  
Registration may be made online, after which payment can be made by check (mailed or payable at the first class) or credit card (by phone the week before the first class).

Registration for events at Healing Ground can be made by e-mailing [healingground@triad.rr.com](mailto:healingground@triad.rr.com), visiting [www.healingground.org](http://www.healingground.org), or calling 336-643-8898.

*"But the girding truth is that the human soul is built to give. We are fashioned in the image of the Giver of all life, and nothing proves this more dramatically and repeatedly than the glow of fulfillment that accompanies every act of generosity."*

-Bennett Sims, *Servanthood*

## THE CLEARNESS COMMITTEE: A COMMUNAL APPROACH TO DISCERNMENT

Drawn from the Quaker tradition, a Clearness Committee is a small group called together to create a sacred container for discernment around a "question you are holding." Through silence, deep listening and open, honest questions, group members help to clarify your question and quietly wait on the Spirit to guide your own inner wisdom. If you are considering a "call" and are interested in accessing this tool of discernment, contact the Rev. Elaine Kebba at 275-0447 or [emkebba@triad.rr.com](mailto:emkebba@triad.rr.com).

**REGISTRATION FORM**  
**SERVANT LEADERSHIP SCHOOL OF GREENSBORO – WINTER/SPRING 2009**  
**(336) 275-0447 WWW.SERVANTLEADERGREENSBORO.COM**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone ( ) \_\_\_\_\_ Email: \_\_\_\_\_

Denomination: \_\_\_\_\_ Occupation: \_\_\_\_\_

Are you on our mailing list?    Yes    No, please add me

Does your contact information need correcting or updating?    Yes    No

*Confirmations are made by email. Please include an email address when possible.*

**WINTER TERM**

Servant Leadership 1    \_\_Tues.    \_\_Thurs.

Money    \_\_Tues.    \_\_Thurs.

Servant Leadership 2

Christians Living on the Hinge of History

Transforming Stress: The HeartMath Solution

Spiritual Activism: Children in Poverty

Ennea-Couples: Enneagram and Relationships

The Misunderstood Jew

Contemplative Prayer

Jesus Today

Dreams: God's Forgotten Language

Between the Trapeze Bars

**TUITION PER COURSE**

\$90

\$90

\$90

\$75

\$75

\$50

\$75

\$75

*No fee, but please register*

\$90

\$75

\$90

**SPECIAL EVENTS**

Intro to Compassionate Communication     \$10

Centering Prayer     \$10

Intro to Walking Meditation/Labyrinth     \$10

Discovering the Enneagram     \$75

Integral Transformative Practice (ITP)     \$10

Intro to HeartMath     \$10

Holy Week Walking Meditation/Labyrinth    *No fee, but please register*

**SPRING TERM**

Catching Ourselves in the Act     \$75

Transforming Stress: The HeartMath Solution     \$75

Compassionate Communication/Practice     \$75

Exploring Creativity Through the Labyrinth     \$75

May Day Family Labyrinth Walk    *No fee, but please register*

Total Enclosed \$ \_\_\_\_\_

**PLEASE NOTE:** *Our school makes a conscientious effort to extend our offerings to anyone in the community, regardless of their ability to pay. The Servant Leadership School of Greensboro, a 501(c)3 nonprofit organization, depends on the fees from our students and the generosity of others for our operating funds. If you are able to pay more than the recommended fee in order to provide a scholarship for someone less able to pay, we would be most grateful. If you are not able to pay the full fee, please know any amount is most welcome.*

**Make checks payable to:**  
**THE SERVANT LEADERSHIP SCHOOL of GREENSBORO**

The Servant Leadership School of Greensboro  
215 West Fisher Avenue  
Greensboro, North Carolina 27401

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# The Servant Leadership School

OF GREENSBORO

