
The Servant Leadership School OF GREENSBORO



A CHRISTIAN WISDOM SCHOOL

LEADING with an awakened heart

SEEDING a global/local movement of compassion and hope

SERVING God's Dream for a transformed world

"This time calls for a new consciousness and a new collective leadership capacity to meet challenges in a more conscious, intentional and strategic way. The development of such a capacity would allow us to create a future of greater possibilities." –Otto Scharmer

WINTER/SPRING 2012 OFFERINGS

www.servantleadergreensboro.com

CALENDAR OF OFFERINGS



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CO-CREATION 2012

SERVANT LEADERSHIP

& THE GREAT EMERGENCE:

THE SPIRIT'S CALL TO EVOLVE



APRIL 12-14, 2012

"If we disbelieve the dominant societal system, and if we transfer our trust from its covert curriculum and framing story to the good news of Jesus, a radical and transforming hope begins to happen to us."

-Brian McLaren in *Everything Must Change*

How might we, as people of faith, tap into our collective wisdom and respond to the challenges of our times? How do we develop our spiritual capacity to meet these challenges in a more conscious, intentional and spiritual manner? Our times call for a new kind of leadership. How is this leadership embodied in communities of faith?

Featuring thought-spiritual leaders:

BRIAN McLAREN

Author of *Everything Must Change: Jesus, Global Crisis and a Revolution of Hope*, *A New Kind of Christianity* and *Naked Spirituality: A Life with God in 12 Simple Words*.

DIANA BUTLER-BASS

Author of *A People's History of Christianity*, *Christianity for the Rest of Us* and *The Practicing Congregation: Imagining a New Old Church*.

PAUL R. SMITH

Author of *Integral Christianity: The Spirit's Call to Evolve*.

The conference is held in conjunction with CO-CREATION 2012, featuring concerts by distinguished musicians, art walks with featured outstanding local artists, and opportunities to walk the labyrinth and visit The Sacred Garden Bookstore.

Check the homepage of our website for a link to current information.

OUR VISION

A core belief of our school is that every church in the world, by nature, is called to prepare servant leaders to follow Jesus Christ and serve God's dream for a transformed world. The Servant Leadership School of Greensboro, now in our 22nd year, invites participants to a deeper relationship with God and with others in community, as we explore both an inward journey of personal transformation and an outward journey of sacred service. Our hope is to nurture a generation of Christian leadership which brings renewal to our churches, creates life-giving alternatives in the workplace and home, calls forth creative new ministries to serve our local community, and helps to shape our future in accordance with God's dream.

SERVANT LEADERSHIP: A PATH AND A PRACTICE

THE PATH OF SERVANT LEADERSHIP: THE FIVE-FOLD PATH OF SACRED SERVICE

1. Serving God with the whole of our being.
2. Serving the divine image in others, by recognizing that everybody (everything) we meet is the face of God.
3. Serving ourselves as sacred instruments of divine co-creation, by keeping ourselves whole through proper diet, rest, exercise, prayer, growth, healing.
4. Serving in our local community, by paying attention to what "stirs your soul" or "breaks your heart" and discerning what you realistically can do and are called to do in the local community.
5. Serving the planet as a global citizen ("citizen of the kingdom"), by nurturing conscious awareness of the impact our lifestyle, decisions, energy and actions are having on the planet and its peoples.

THE PRACTICE OF SERVANT LEADERSHIP

The content of servant leadership, as we teach it, invites us to "practice resurrection" in our daily life through the following three practices:

COMMUNION: *Prayer and the Practice of Presence*

COMPASSION: *Awakening the Intelligence of the Heart*

CO-CREATION: *Alignment with Divine Power and Purpose*

OUR CORE CURRICULUM



Our work continues to evolve. We have made substantial revisions to the core curriculum, resulting in a significantly clearer, emotionally resonant and conceptually coherent sequence of teaching and practices which guide participants through a process of genuine emotional and spiritual transformation. The preferred sequence is years one through three, in order; however, after taking Servant Leadership 1, any of the other core classes may be taken.

YEAR 1

Fall Term – *Servant Leadership 1: Putting on the Mind of Christ* (12 weeks) (24 hours)

Winter/Spring Term – *Communion: Prayer and the Practice of Presence* (6 weeks) and *Compassion: Awakening the Intelligence of the Heart* (6 weeks) (Total of 24 hours)

YEAR 2

Fall Term – *Servant Leadership 2: Deep Healing* (10 weeks) (20 hours)

Winter/Spring Term – *Money: From Cultural Addiction to Spiritual Freedom* (6 weeks) and *Power: The Practice of a Third Way* (6 weeks) (Total of 24 hours)

YEAR 3

Fall Term – *Call: Co-Creation and the Commitment to Sacred Service* (12 weeks) (24 hours)

Winter/Spring Term – *Servant Leadership 3: Practicing Resurrection* (12 weeks) (24 hours)

THREE-YEAR CERTIFICATION PROGRAM

A Certificate of Completion will be awarded to those who satisfactorily complete the three-year course work (140 hours of classroom instruction/experience). See our website for more information or to apply. Others are encouraged to participate in classes or practices in a sequence and pace that is nourishing to them.

CORE CLASSES



RECEPTION FOR SERVANT LEADERSHIP STUDENTS: TWO GATHERINGS

Tuesday, January 10, 2012 from 5:30–6:30 p.m. or

Thursday, January 12, 2012 from 11 a.m.–12 p.m.

Come to learn about the principles and practices of the Servant Leadership School of Greensboro, and to hear about our basic curriculum, Winter/Spring courses, retreats and other learning opportunities. This is a great opportunity for continuing students to reconnect and for interested students to learn about our certification program. Registration forms will be available.

Location: The Café, 211 West Fisher Avenue

Led by: The Rev. Timothy Patterson and Ruth D. Anderson, Ph.D.

COMMUNION: PRAYER AND THE PRACTICE OF PRESENCE

(Prerequisite: Servant Leadership 1)

Tuesdays from 6:30–8:30 p.m. or Thursdays from 10 a.m.–12 p.m. beginning January 17 or 19 for 6 weeks. Register for both Communion and Compassion (total of 12 weeks) at the same time to receive a discount.

In this course, we explore spiritual practices which will help us to deepen our experience of communion with God, to be more “present” in our daily living and, thus, to become increasingly transparent to the Divine Presence. The central emphasis of the course will be on establishing and/or deepening our own daily spiritual practice, particularly using *Centering Prayer and Inner Awakening* by Cynthia Bourgeault, and drawing support and strength from the class as a community of practice.

Location: Broome Hall, Holy Trinity Episcopal Church

Led by: The Rev. Timothy Patterson

“The content and quality of our lives is determined by how we respond to the ordinary, and this depends on whether or not we have taken the time to nourish our inner life.” –Elizabeth O’Connor

MONEY: FROM CULTURAL ADDICTION TO SPIRITUAL FREEDOM

(Prerequisite: Servant Leadership 1)

Tuesdays from 6:30–8:30 p.m. or Thursdays from 10 a.m.–12 p.m. beginning January 17 or 19 for 6 weeks. Register for both Money and Power (total of 12 weeks) at the same time to receive a discount.

In this Core class, we will examine our relationship with money and how our patterns of earning, spending, and giving away money offer an intriguing insight into our minds, hearts and acts of service. With the use of Lynne Twist’s book, *The Soul of Money: Reclaiming the Wealth of our Inner Resources*, and other resources, we will work with cultural messages of scarcity and guilt around money and then look at what would happen in our lives as we shift towards experiences of sufficiency, freedom and purpose in relationship to our resources. We will explore money in the context of our call and the dream of God for our lives.

Location: The Cafe, 211 West Fisher Avenue

Led by: Ruth D. Anderson, Ph.D.

COMPASSION: AWAKENING THE INTELLIGENCE OF THE HEART

(Prerequisite: Servant Leadership 1)

Tuesdays from 6:30–8:30 p.m. or Thursdays from 10 a.m.–12 p.m. beginning February 28 or March 1 for 6 weeks. Register for both Communion and Compassion (total of 12 weeks) at the same time to receive a discount.

Compassion is at the very heart of the teaching of Jesus. Compassion flows abundantly in our own lives when our hearts are awakened to the presence of God. Recent scientific research supports pre-modern religious traditions in understanding that the human heart is much more than just a “pump” but is, rather, a center of profound emotional/spiritual intelligence and the instrument by which we may bring our lives into alignment with Divine energy, love and compassion. Drawing upon research by the HeartMath Institute and classic teachings and practices of the Christian wisdom tradition, this class will support students in an experiential process of awakening the intelligence of our own hearts that we may increasingly serve as instruments of God’s compassion in the world.

Location: Broome Hall, Holy Trinity Episcopal Church

Led by: The Rev. Timothy Patterson

“...through our love we can help others to discover their own intrinsic value; we can reveal to them their beauty and their uniqueness.” –Jean Vanier, Becoming Human

CORE CLASSES CONTINUED...

POWER REDEFINED: THE PRACTICE OF A THIRD WAY

(Prerequisite: Servant Leadership 1)

Tuesdays from 6:30–8:30 p.m. or Thursdays from 10 a.m.–12 p.m. beginning February 28 or March 1 for 6 weeks

This class will take participants on a journey beyond our culture's emphasis on a dominating kind of power ("power over") towards a relational power based on "power with," connectedness and our essential trust in God. We will explore new alternatives based on service to God's dream for a transformed world using material from David Korten's *The Great Turning* and other writings. This course offers both dynamic readings and an opportunity for practical application through the use of Marshall Rosenberg's Nonviolent Communication.

Location: The Cafe, 211 West Fisher Avenue

Led by: Ruth D. Anderson, Ph.D.

"The power for authentic leadership is found not in external arrangements, but in the human heart." –Parker Palmer

THE SACRED GARDEN BOOKSTORE:

COFFEE – BOOKS – GIFTS – SPIRIT

Monday–Thursday, 10 a.m.–5:30 p.m.

Friday and Saturday, 10 a.m.–3 p.m.; Sunday, 10–11 a.m.

Located at 215 West Fisher Avenue in downtown Greensboro, the bookstore, with its adjacent café and meditation garden, is an inviting sacred space to come rest, read and reflect. We strive to provide a unique selection of books, gifts, and cards that open our minds, awaken our hearts, and center our bodies. The bookstore also hosts a number of classes, book signings and other events throughout the year. Visit www.sacredgardenbookstore.com.

If you would like to volunteer in the bookstore, contact Shelley Miller or Jane Cooke, bookstore co-managers, at 336-544-1225 or bookstore@holy-trinity.com.

Books for all the Servant Leadership classes are available for purchase at a 20 percent discount for students. The Sacred Garden Bookstore also takes registrations for Servant Leadership classes via cash, check or credit card.

COMPANION CLASSES

For the most part, there are no prerequisites to any of these classes. See specific classes for requirements, and see registration form for class fees.

IMPROVING OUR ACOUSTICS FOR HEARING THE GOSPEL

Tuesdays from 12:30–2 p.m. beginning January 17 for 10 weeks

Based on his many years as a chaplain at Greensboro Urban Ministry, the Rev. Frank Dew will lead a discussion around his own book, *Improving Our Acoustics for Hearing the Gospel*, a compilation of his writings on Servant Leadership, including such topics as call, community, prayer, being with the poor and engaging the powers. The class begins at 12:30 p.m. at the service for the guests at Greensboro Urban Ministry and then transitions into a time for discussion.

Location: Greensboro Urban Ministry, 305 West Lee Street

Led by: The Rev. Frank Dew

CONTEMPLATIVE PRAYER

Wednesdays from 12–1 p.m. beginning January 18 for 12 weeks

We will meditate in silence for 20 minutes. Together, we will become a community as we explore being Present to the love of God together. All levels of seekers are most welcome.

Location: The Upper Room, 211 West Fisher Avenue

Led by: Ruth D. Anderson, Ph.D. and members of the servant leadership community

"The power of this prayer lies in the consent." –Cynthia Bourgeault

BOOK STUDY: NAKED SPIRITUALITY: A LIFE IN GOD IN 12 SIMPLE WORDS

Wednesdays from 1:30–4 p.m. beginning January 18 for 12 weeks

In preparation for Brian McLaren's visit in April of 2012, this class will provide a safe place for people to inquire, share, tell their stories and learn in a spirit of acceptance, caring and encouragement. We will be using Brian McLaren's book, *Naked Spirituality*, as our basis for discussion and exploration. There will be time to share where we are on our own spiritual journeys with a focus on our personal responses to the book. Time will be spent in prayer and other spiritual practices taken from the readings.

Location: Lineweaver Room, Holy Trinity Episcopal Church

Led by: Paul C. Volk, MSW, Spiritual Director

COMPANION CLASSES CONTINUED...

MEN'S SPIRITUALITY GROUP

Wednesdays from 5:30–8 p.m. beginning January 18 for 12 weeks

The Men's Spirituality Group provides a safe place for men to inquire, share, and learn in a spirit of acceptance, caring, and encouragement – a place where we can speak truths from our hearts, tell our stories, explore our spiritual lives and our relation with God, ourselves and others, and an avenue to becoming Wise Men and Sages. The group will begin with a meal together at 5:30 p.m. (bring your own or purchase a takeout meal from Holy Trinity's kitchen, available beginning at 5:30 p.m.). Our time is devoted to checking in on where we are in our journey with ourselves and God, a time of study, and a time of prayer.

Location: Roe Library, Holy Trinity Episcopal Church

Led by: Paul C. Volk, MSW, Spiritual Director

DISCUSSION GROUP: TRANSITIONING TO A MORE RESILIENT FUTURE

Wednesdays from 6–8 p.m. beginning January 18

This group will meet each week to discuss and learn about the issues facing us as we “transition” to a life with fewer natural resources. Meetings will rotate each month between viewing of a film, a book discussion, a re-skilling event and a speaker or other planned activity. We will eat together at 6 p.m. (bring your own or purchase a takeout meal from Holy Trinity's kitchen), then transition into our program. This group is open to anyone who has an interest in transitioning to a more resilient future. One can attend all meetings or select those which are of interest. For more information see www.TransitionGreensboro.ning.com

Location: The Café, 211 West Fisher Avenue

Led by: Transition Greensboro

PRAYERFUL YOGA: HEALING MIND AND BODY

Thursdays from 9:15–10:30 a.m. beginning January 19 for 12 weeks

“Be still, and know that I am God.” (Psalm 46:10) Prayerful Yoga offers a time to wholeheartedly surrender to the present moment, linking breath with movement and encouraging awareness of the body's internal landscape. When we become present in our bodies, we are able to release the tension and emotions that are stored there, resulting in a profound effect on the quality of our spiritual connectedness. Each class includes a meditation or prayer to enhance the contemplative nature of the physical practice. The gentle yoga postures are suitable for all body types and levels of yoga experience. Please bring a mat and a firm blanket.

Location: Roe Library, Holy Trinity Episcopal Church

Led by: Kishie Wyatt, Registered Yoga Therapist

WRITING AS CO-CREATING

Thursdays from 2–4 p.m. beginning January 19 for 6 weeks

In this six-week class, we will more deeply explore participants' unshaped material for vivid writing. A powerful means of spiritual development, writing offers ways to explore oneself as one creates gifts for the world. Nobel Prize-winning novelist Toni Morrison put it this way: “Struggling through the work is extremely important, more important to me than publishing it. If I didn't do this, then I would be a part of the chaos.” Open to all writers, beginning and experienced, in a relaxed and supportive atmosphere.

Location: The Café, 211 West Fisher Avenue

Led by: Ellen Summers, Ph.D.

BOOK STUDY: THE GREAT DISRUPTION

Mondays 7–9 p.m. beginning January 23 for 8 weeks

Dr. Ben Ramsey, professor in the Religious Studies Department at UNCG, will guide the conversation about our collective future together based upon the book *The Great Disruption*. Paul Gilding offers a stark examination of the challenge humanity faces and yet also provides a deeply hopeful message. Gilding describes how, in the coming decades, we will see loss, suffering, and conflict as our current planetary life is unsustainable. However, Gilding contends that this time will also bring out the best humanity can offer: compassion, innovation, resilience, and adaptability. Gilding tells us how to fight and win what he calls “The One Degree War” to prevent catastrophic warming of the earth, and how we can start right now both individually and collectively.

Location: The Café, 211 West Fisher Avenue

Led by: Ben Ramsey, Ph.D.

SACRED ACTIVISM: BEING PRESENT TO CHILDREN IN POVERTY

January 30, February 27, March 26, April 30 and May 28, 2012 from 4–6 p.m.

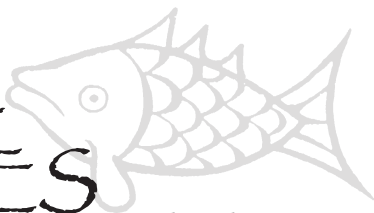
Come to any of our monthly meetings to hear about our work with children in poverty in our community. We go to a local community housing environment and offer after-school programming two times a week. Come and see if this might be a volunteer opportunity that is life-giving for you at this point in your life.

Location: First Floor Conference Room, 211 West Fisher Avenue

Facilitated by: Ruth D. Anderson, Ph.D. and other spiritual activists

“The state of the world is most visible in the state of its children.” –Raffi Cavoukian

SPIRITUAL PRACTICES ON SATURDAYS



These classes offer an opportunity for students and for the general public to sample practices used in The Servant Leadership School before making a longer commitment to a class or workshop.

INTEGRAL TRANSFORMATIVE PRACTICE (ITP): A SPIRITUAL PRACTICE REALIZING THE POTENTIAL OF OUR BODY, HEART, MIND AND SOUL

Saturday, February 11, 2012 from 10 a.m.–12 p.m.

Combining gentle stretching, progressive relaxation, visualization, and centering prayer, Integral Transformative Practice allows us to balance and ground our bodies, open our hearts, and clear our minds to become more present to God's Presence within us and among us. Come dressed for easy movement. Bring a mat if you have one. Materials will be provided to begin a home practice if desired.

Location: Broome Hall, Holy Trinity Episcopal Church

Led by: Ruth D. Anderson, Ph.D.

AN INTRODUCTION TO CENTERING PRAYER

Saturday, February 18, 2012 from 9 a.m.–3 p.m., followed by six 90-minute sessions on Thursdays from 6:30–8 p.m. beginning February 23, 2012

An Introduction to Centering Prayer will be offered during the Lenten Season by John Kelsey, a national leader of Contemplative Outreach, and by Robin Britt who has received formal training as a presenter from Contemplative Outreach, the network founded by Fr. Thomas Keating. Saturday's workshop on February 18 led by both John Kelsey and Robin Britt will include the following topics: Prayer as Relationship with God, the Method of Centering Prayer, Thoughts and Use of the Sacred Word, and Deepening Our Relationship with God. The six 90-minute follow-up sessions, offered by Robin Britt and another co-presenter on Thursday evenings, will include the following topics: Prayer in Secret, the Discipline of Centering Prayer, What Centering Prayer Is and Is Not, the Basic Principles of Centering Prayer, and Further Reflections on the Method

of Centering Prayer. This intensive study of Centering Prayer provides an opportunity to delve deeply into the practice of "letting go" of our own thoughts in order to "consent" to God's dream for ourselves.

Location: The Upper Room, 211 West Fisher Avenue

Led by: Robin Britt and John Kelsey

INTRODUCTION TO COMPASSIONATE COMMUNICATION

Saturday, March 17, 2012 from 10 a.m.–12 p.m.

Compassionate Communication is based on Nonviolent Communication (NVC), a process of communication developed by Dr. Marshall Rosenberg that enables persons to communicate their needs and feelings to others in a way that does not produce shame, blame or guilt in either the speaker or the listener. This class will be a brief introduction to the principles and practice of compassionate communication.

Location: Broome Hall, Holy Trinity Episcopal Church

Led by: Amelia Poole, M.A.

AWAKENING THE INTELLIGENCE OF THE HEART

Saturday, March 24, 2011 from 10 a.m.–12 p.m.

Contemporary research, including the work of The HeartMath Institute and others, shows how to transform emotional and mental energy into new, satisfying feelings and intelligent perceptions. These simple practices help to shift our often automatic responses etched into our neural circuitry to an awakening of the intelligence of the heart to Divine Presence. These methods focus on positive feelings such as appreciation, care or compassion, which help to create a coherence in our heart rhythms that has been shown to bring the emotions, body and mind into balance.

Location: Broome Hall, Holy Trinity Episcopal Church

Led by: The Rev. Timothy Patterson

THE LABYRINTH

REDISCOVER AN ANCIENT SPIRITUAL TOOL FOR MODERN-DAY TRANSFORMATION

“Solvitur ambulando...” It is solved by walking...
–Saint Augustine

You are invited on a modern-day pilgrimage at Holy Trinity’s outdoor labyrinth, located adjacent to the sanctuary. There you will find a beautifully crafted 11-circuit Chartres-style stone labyrinth with a fountain of flowing water in the center. Nearby, a replica of the Muiredach Celtic high cross bears witness to this sacred place. By walking the labyrinth alone or in a guided group, you may experience a kind of body prayer or walking meditation that quiets your mind, allowing your spirit to become more receptive to the still small voice of God. The Holy Trinity labyrinth, located in a cloistered and well-lighted outdoor space, is available any time of day for individual walkers. Opportunities also abound for you to experience labyrinth walks facilitated by the Holy Trinity Labyrinth Keepers. Visit www.labyrinthkeepers.com for the most current labyrinth information.

LABYRINTH KEEPERS

January 9, February 6, March 5, April 9 and May 7, 2012 from 12:15–1:15 p.m.

The Labyrinth Keepers are an ecumenical group dedicated to providing education and opportunities for people to experience transformation through walking the labyrinth. We plan, advertise, train, and provide facilitators for a variety of community-wide labyrinth offerings. We welcome new members. Contact info@labyrinthkeepers.com to support and join the ministry of the labyrinth.

Location: The Upper Room, 211 West Fisher Avenue

Coordinators: Barbara Cromheecke, Libby Haile and Laura Young

LABYRINTH PRAYER WALK

January 16, February 20, March 19, April 16 and May 21, 2012 from 12:15–1 p.m.

The labyrinth offers you the opportunity to “put feet on your prayers.” Experience a walking meditation that connects your mind, body and spirit. Join the Labyrinth Keepers for this monthly prayer walk, and carry

your intercessions and celebrations into the labyrinth’s winding path. In case of inclement weather, the Prayer Walk will be cancelled.

Location: Outdoor Labyrinth, Holy Trinity Episcopal Church

Led by: The Labyrinth Keepers

365-DAY WALKERS FOR PEACE

At least one person walks Holy Trinity’s labyrinth and prays for peace every single day of the year! This inspirational community-wide effort is now in its fifth successful season. You can help keep the energy of peace and love flowing by pledging to walk as often as you want – one day a week, one day a month, or one day during the year. Perhaps you will want to walk the labyrinth on your birthday or your anniversary or some other special day. Some people sign up for the same day each week or each month. Walkers pray for one another and for the community and the world as they walk. You are free to choose any time of the day that is most convenient for you to walk. Go to www.labyrinthkeepers.com to sign up for specific days to walk.

HOLY WEEK WALKING MEDITATION USING THE LABYRINTH

Monday, April 2–Thursday, April 5, 2012 from 12:15–1:00 p.m. and Friday, April 6 from 11–11:45 a.m.

During this solemn and sacred week leading up to Easter, experience the labyrinth’s sacred pattern and sacred path. Walking the labyrinth helps you to quiet your mind, reconnect with your body, and see your life in the context of a path, a pilgrimage. As you symbolically make the walk with Christ to Jerusalem, use the labyrinth as a tool for silent reflection and prayer in the company of other pilgrims on the way. A Holy Week reflection facilitated by one of the labyrinth keepers and a time of blessing in the center of the labyrinth will precede each day’s walk. Attend any or all of these walks as your schedule allows. Bring a journal if desired.

Location: Outdoor Labyrinth, Holy Trinity Episcopal Church

Led by: The Labyrinth Keepers

DANCE FOR JOY – A SPRING LABYRINTH WALK

Sunday, April 29, 2012 from 5:30 p.m.–7 p.m.

Jo Owens and her dance troupe will perform during our spring labyrinth walk. Bring the whole family to watch this dance ushering in spring, and then join in by walking or dancing. Joyfully embrace spring as everything comes alive once again. Please plan to enter the labyrinth no later than 6:30 p.m. In case of inclement weather, the walk will be cancelled.

Location: Outdoor Labyrinth, Holy Trinity Episcopal Church

Led by: The Labyrinth Keepers

THE LABYRINTH CONTINUED...

WORLD WIDE LABYRINTH DAY

Saturday, May 5, 2012 at 1 p.m.

World Labyrinth Day, a project of The Labyrinth Society, is a day designated to bring people from all over the planet together in celebration of the labyrinth as a practice and a tool for healing and peace. World Labyrinth Day is celebrated all over the world on the first Saturday in May. The labyrinth community at Holy Trinity Episcopal Church led by the Labyrinth Keepers will "Walk as One at 1:00." Join us, and be part of a rolling wave of peaceful energy as the earth turns.

Location: Outdoor Labyrinth, Holy Trinity Episcopal Church

Led by: The Labyrinth Keepers

THURSDAY WORSHIP AND LUNCH

Offered weekly, beginning January 19, 2012

Each Thursday at 12:15 p.m., Holy Trinity Episcopal Church offers a service of Holy Eucharist with Healing in All Saints Chapel. You are warmly welcomed to join us.

You may also like to share a meal with us on Thursdays. A light lunch is served from 12-1:30 p.m. in the Haywood Duke Room for a nominal charge. Take-out containers are available.

HEALING GROUND



Healing Ground is a retreat center located in Summerfield, North Carolina that supports the mission of The Servant Leadership School. It is offered to the community as a place to experience renewed spiritual strength and nourishment. A skilled group of retreat leaders is available to facilitate retreats and are willing to tailor programs to meet the needs of individuals or groups of up to 15. To schedule a retreat, or to register for one below, call 336-644-0076 or visit www.healingground.org.

Suggested donations are just that – suggestions.

A QUIET DAY IN THE QUIET GARDEN

Come any first Friday (January 6, February 3, March 2, April 6, May 4 or June 1, 2012) from 10 a.m.–3 p.m. Beverages and snacks provided; please bring a bag lunch. Simple love offering.

Join us at the beginning of the month as we take time to slow the pace and enjoy a quiet place to pause and let our bodies and minds rest and our hearts awaken. We begin at 10 a.m. with an opening meditation and gather again at 2:45 p.m. for a closing circle. The in-between time is intentionally unstructured to allow each person time and space to do what is most nurturing whether it is expressing with creative materials, reflecting, praying or meditating in the outdoor chapel or the labyrinth garden, enjoying one of the many gardens and natural areas, reading or even napping.

AN ENNEAGRAM WISDOM CIRCLE

Wednesdays from 9–11:30 a.m., February 1–April 4, 2012

Suggested donation: \$100

The emphasis is on fun and illumination this term with a focus on looking at characters from literature and film to make various aspects of Enneagram dynamics come alive in a way that combines the get-inside-the-head-of-the-different-types approach of Helen Palmer with the psychology/sociology theoretical approach of Don Riso and Russ Hudson. Judith Searle's book *The Literary Enneagram* will serve as a basic reference, though we will not necessarily take her analysis as the only interpretation of the characters she presents.

Led by: Dee Irwin, Enneagram teacher, spiritual director and retreat leader.

HEALING GROUND CONTINUED...

INSIDE-OUT HEALING: A STUDY GROUP

Tuesdays from 7–9:30 p.m., January 17–February 28, 2012

Suggested donation: \$125 per person, \$200 per couple

Inside-Out Healing: Transforming your Life Through the Power of Presence is the seventh book from Richard Moss. Moss asks: “Are you ready for a shift of consciousness that liberates your mind and heart?” Whether you’re motivated by illness, relationship unhappiness, or the desire to excel and experience life to the fullest, this book is a helpful guide. This will be an experiential and highly interactive process, not an academic exercise.

Led by: Kevin Haggerty, teacher, counselor, executive coach, consultant for Farr Associates. For further information, call Kevin at 336-509-5777 or 336-616-0668.

THE ART OF LOSING: POETRY, GRIEF & HEALING

Mondays from 6:30–8 p.m., February 13–March 19, 2012

Suggested donation: \$55

Here, we will talk specifically about our experience with grief. Whether it’s grief of a loved one, a pet, a job, or physical ability, we will explore the sense of loss and look at how we recover. With the understanding that we come to and through grief in our own time, we will sensitively look through the lens of poetry at the pain, confusion and sometimes relief in loss, as well as our healing. Participants will be guided to write their own poetry exploring their emotions, memories and hopes.

Led by: Jacinta White of *The Word Project* (www.poetryheals.com). Jacinta has led numerous writing and poetry workshops for Healing Ground, The Servant Leadership School of Greensboro, the Greensboro Public Library as well as many patient support groups. She is a bright and engaging spirit.

COMPASSIONATE LISTENING: HEALING OUR WORLD FROM THE INSIDE OUT

Saturday, March 10, 2012 from 9 a.m.–5 p.m.

Suggested Donation: \$45–85. Bring a dish to share for a pot-luck lunch.

Compassionate Listening is an act of personal, social, and spiritual transformation. Strengthen your capacity to connect with the humanity of each person whose path you cross, whether or not you share the same values and behaviors. The core practices of Compassionate Listening include: Transform your judgments of self and others; humanize and connect with people who “trigger” you; shift from reactivity to compassion; offer compassion to yourself and others.

Led by: Jan Hutton, MSW, a certified Compassionate Listening facilitator who believes in supporting wholeness in each human being (www.compassionatelistening.org). Over the last 39 years, she has served as a community

organizer, social worker in hospice and hospital settings, meditation teacher, and she hopes, a ‘kind’ person.

FIFTY WAYS TO PRAY: A LENTEN RETREAT

Saturday, March 31, 2012 from 10 a.m.–3 p.m.

Suggested donation: \$45–\$55 (lunch included)

Lent is specifically a time for prayer and reflection. Come explore creative and hands-on ways to pray based on Teresa Blythe’s book, *50 Ways to Pray: Practices from Many Traditions and Times*. No prior experience is necessary and all prayers are acceptable.

Led by: Rev. Jo Nygard Owens, an ordained Presbyterian minister who is currently serving as the communications coordinator at Holy Trinity Episcopal Church. She is learning a great deal from her two-year-old daughter and has found that she can be very creative in making everyday tasks part of her spiritual practice.

POETRY TOWARDS SELF AWARENESS: A RETREAT

Saturday, April 21, 2012 from 10 a.m.–4 p.m. and

Sunday, April 22, 2012 from 2–5 p.m.

Suggested Donation: \$75 (lunch on Saturday and all materials included)

In this two day “retreat” participants are guided in using poetry and other art forms for self-discovery and delight. There will be ample time for reading, writing and sharing within an intimate group. Whether you are a poetry lover or novice, this series is for you if you’re longing to discover something new about yourself or wanting to get back to a part of you that you think you may have been neglecting.

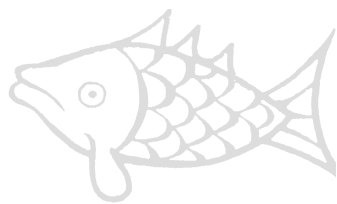
Led by: Jacinta White (see *The Art of Losing* for her credentials)

SUMMER 2012 PILGRIMAGE

Planning for our Borderlands and Southern Wales Pilgrimage is in progress. The anticipated date is late July through first week of August 2012. Rev. Carolyn Williams Ashburn will be leading the pilgrimage for Healing Ground.

This will be a repeat pilgrimage from 2008 whose highlights include time at Belmont Abbey, Brecon Beacons, Tintern Abbey, Patrishow’s Well, a Cistercian monastery on Cald Island, St. Govan’s Head, and St. Davids. Please contact us if you have an interest and we will put you on the inside track as details are confirmed.

FACULTY & BOARD



***RUTH D. ANDERSON, PH.D.** received her M.A. from Kent State University and her Ph.D. from the University of Oregon in Communication. Ruth, a professor at North Carolina State University for 15 years and then vice-president of Kindermusik International for eight years, brings both theory and practice to servant leadership. Ruth serves as director of The Servant Leadership School of Greensboro and is an author, consultant, and speaker who has written two books: *Hairpin Turn: Trusting Your Heart's Direction in Leadership and Life* and *Ruthie Stories: Recapturing the Girl Left Behind*.

***ROBIN BRITT** serves as the Executive Director of Guilford Child Development. He received a law degree from UNC-CH in 1973, a graduate law degree from New York University, and became a partner in the Smith Moore law firm in Greensboro. He served in the cabinet of Governor Jim Hunt from 1983-1987 as Secretary of the NC Department of Human Resources.

THE REV. FRANK DEW is a chaplain at Greensboro Urban Ministry and a pastor at New Creation Community Presbyterian Church. He holds a B.A. from Wake Forest University and a M.Div. from Duke Divinity School. Frank provides guidance for Stephen Ministers and teaches classes at Greensboro Urban Ministry for The Servant Leadership School of Greensboro.

MARJORIE DONNELLY is founder and director of InnerWalk, and is a guide for the inward journey of exploring spirituality, psychology and creativity. She is also the Director of Adult Education at First Presbyterian Church, Greensboro. She is an experienced teacher, retreat leader, labyrinth facilitator, and spiritual director who provides tools and practices that have changed her own life. Marjorie's faith is grounded in the Judeo-Christian tradition, and she encourages contemplative awareness and practice. In her work, she incorporates a variety of traditional and non-traditional educational trainings, including a M.Ed. in counseling from the University of Virginia and certifications as a Shalem spiritual director, Veriditas labyrinth facilitator, and Enneagram teacher.

***DEE IRWIN, PH.D.** taught child psychology and human development for 30 years in university settings (Columbia University, Teachers College, Stanford University, UNC-Greensboro). With Pat Bailey, she founded Healing Ground in 2000, a small retreat center in Summerfield, NC that supports the mission of The Servant Leadership School of Greensboro. She loves teaching, offers spiritual direction, facilitates small-group work with churches, educational institutions and nonprofit organizations, and is a student and teacher of the Enneagram.

***THE REV. TIMOTHY PATTERSON** is one of the founders of The Servant Leadership School of Greensboro. A graduate of Duke University and Duke Divinity School, Tim's experience includes six years' work as a counselor on an in-patient psychiatric unit, two years of Clinical Pastoral Education at Duke Medical Center, and completion of the certificate program in Spiritual Direction at General Theological Seminary in New York. Since arriving in Greensboro in 1989, Tim has served at Holy Trinity Episcopal Church where he became Rector in 1995. He was awarded the 2001 Leadership Medal by Leadership Greensboro for his work in community outreach and establishing The Servant Leadership School.

***AMELIA POOLE** holds Master's Degrees in biology and conflict resolution and has worked with The Servant Leadership School since 2003. Her current work is with Nonviolent Communication and mediation. She is a certified Superior Court mediator and works for One Step Further, Inc. training volunteer mediators and mediating in the District Criminal Court System.

BEN RAMSEY, PH.D. is Associate Professor of Religious Studies at the University of North Carolina at Greensboro. He holds a M.Div. and a Ph.D. from Union Theological Seminary in New York. His current research interests are in spirituality and politics.

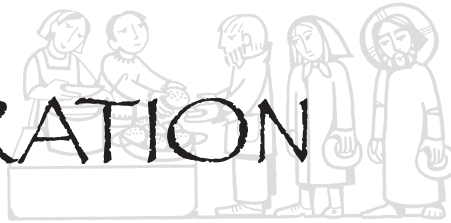
ELLEN SUMMERS, PH.D. has taught writing and literature for 20 years at the college level. She earned a doctorate in English at the University of North Carolina at Chapel Hill, and was a prize-winning professor at Hiram College. Since moving to Greensboro in 2009, she has led independent writing workshops as a certified Amherst Writers and Artists workshop leader and taught small writing groups for The Servant Leadership School. Ellen is a published poet and playwright.

KISHIE WYATT first came to The Servant Leadership School of Greensboro as a student in the fall of 2005. She was amazed at how the philosophy of servant leadership created peace, joy, and a deep connection to God in her life. These principles were further explored when she became a registered yoga therapist. Kishie incorporates the spiritual aspects of The Servant Leadership School into her yoga classes, giving participants the opportunity to experience their spiritual practice at a physical level, by uniting mind, body, and soul.

PAUL C. VOLK is a small-group facilitator, workshop leader, and spiritual director. Paul holds a Master's Degree in Social Work from Fordham University's School of Social Service, and a Master's of Education (Special Education) from the College of New Rochelle. He completed the certificate program in spiritual direction at General Theological Seminary and the two-year program at the School of Christian Healing at St. Luke's Episcopal Church in Darien, Connecticut. He believes that telling, hearing and listening to our own personal stories leads to healing and reconciliation.

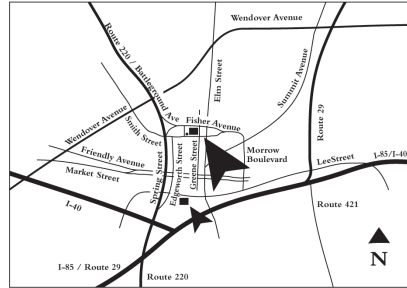
**On the board of directors of The Servant Leadership School of Greensboro.*

REGISTRATION



For your convenience, you may register for all Servant Leadership classes at The Sacred Garden Bookstore, 215 West Fisher Avenue, which

also has books for each class at a 20% discount to students. To register online, please visit www.servantleadergreensboro.com and submit a registration form online OR you may call 336-275-0447 and register by phone OR fill out the registration form and mail it with your check to The Servant Leadership School, 215 West Fisher Avenue, Greensboro, NC 27401.



Credit cards are accepted over the phone, at the Bookstore, or through following the links on the website. EARLY registrations help us prepare materials and order the right number of books.

Classes meet at Holy Trinity Episcopal Church, 607 North Greene Street and 211 West Fisher Avenue, Greensboro (just north of downtown) and at Greensboro Urban Ministry, 305 West Lee Street. The Servant Leadership School office is located at 215 West Fisher Avenue, behind Holy Trinity.

For further information, contact Ruth D. Anderson, Ph.D., director of The Servant Leadership School of Greensboro, at 336-275-0447 or rdanderson@triad.rr.com.

Registration for events at Healing Ground can be made by e-mailing healingground@triad.rr.com, visiting www.healingground.org, or calling 336-644-0076.

PLEASE NOTE: Our school makes a conscientious effort to extend our offerings to anyone in the community regardless of ability to pay. The Servant Leadership School of Greensboro, a 501(c)3 nonprofit organization, depends on the fees from our students and the generosity of others for our operating funds. If you are able to pay more than the recommended fee in order to provide a scholarship for someone less able to pay, we would be most grateful.

REGISTRATION FORM SERVANT LEADERSHIP SCHOOL OF GREENSBORO – WINTER/SPRING 2012 (336) 275-0447 WWW.SERVANTLEADERGREENSBORO.COM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Primary Phone: () _____ Email: _____

Are you on our mailing list? Yes No, please add me

Does your contact info need correcting or updating? Yes No

*Confirmations are made by email. Please include an email address when possible.
Make checks payable to: The Servant Leadership School of Greensboro.*

WINTER/SPRING TERM

TUITION PER COURSE

- | | |
|---|------------------------------------|
| <input type="checkbox"/> Communion __Tues. __Thurs. | <input type="checkbox"/> \$90 |
| <input type="checkbox"/> Compassion __Tues. __Thurs | <input type="checkbox"/> \$90 |
| <input type="checkbox"/> Communion & Compassion __Tues. __Thurs | <input type="checkbox"/> \$170 |
| <input type="checkbox"/> Money __Tues. __Thurs | <input type="checkbox"/> \$90 |
| <input type="checkbox"/> Power __Tues. __Thurs | <input type="checkbox"/> \$90 |
| <input type="checkbox"/> Money & Power __Tues. __Thurs | <input type="checkbox"/> \$170 |
| <input type="checkbox"/> Improving Our Acoustics/Hearing the Gospel | <input type="checkbox"/> \$75 |
| <input type="checkbox"/> Contemplative Prayer | <i>No fee, but please register</i> |
| <input type="checkbox"/> Naked Spirituality Book Study | <input type="checkbox"/> \$75 |
| <input type="checkbox"/> Men's Spirituality Group | <i>Love offering accepted</i> |
| <input type="checkbox"/> Transitioning to a More Resilient Future | <i>Love offering accepted</i> |
| <input type="checkbox"/> Prayerful Yoga | <input type="checkbox"/> \$120 |
| <input type="checkbox"/> Writing as Co-Creating | <input type="checkbox"/> \$75 |
| <input type="checkbox"/> The Great Disruption | <input type="checkbox"/> \$75 |
| <input type="checkbox"/> Being Present to Children in Poverty | <i>No fee, but please register</i> |

SPECIAL EVENTS AND SATURDAY PRACTICES

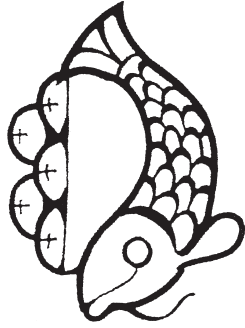
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|--|-------------------------------|
| <input type="checkbox"/> Integral Transformative Practice | <input type="checkbox"/> \$10 |
| <input type="checkbox"/> Awakening the Intelligence of the Heart | <input type="checkbox"/> \$10 |
| <input type="checkbox"/> Intro to Compassionate Communication | <input type="checkbox"/> \$10 |
| <input type="checkbox"/> An Introduction to Centering Prayer | <input type="checkbox"/> \$75 |

Total Enclosed \$ _____

*To register for classes at Healing Ground, visit www.healingground.org, or call 336-644-0076.
For labyrinth events, please email info@laybrinthkeepers.com.*

The Servant Leadership School of Greensboro
215 West Fisher Avenue
Greensboro, North Carolina 27401
on the campus of Holy Trinity Episcopal Church

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